



Qi Acupoint Facial System

The Qi Acupoint Facial System is a wonderful addition to any facial routine. It works by stimulating different acupuncture points on the face and body for healthy glowing skin. The system can be used with manual point stimulation, a point stimulator or with magnetic stimulating spheres. The system should be used 2 to 4 times a week for best results.

This system is designed to work with Qi Botanics Facial Products. However, it is not necessary to use the Qi products, you can follow with your own products.

Instructions:

Option 1:

Wash your face with a facial soap or the Renew Cleanser, then apply the Restore Serum and allow to dry. Then spritz with the Refresh Hydrating Mist followed by the Nourish Nutrient Oil. If using manual pressure or a point stimulator, begin the point stimulation by starting with Step #1 in the protocol. If using the Magnetic Spheres, allow the facial oil to fully absorb, around 15 minutes, and then apply the spheres.

Option 2:

Wash your face with our Renew Cleanser, then apply the Restore Serum and allow to dry. Begin the point stimulation, either manually or with the Magnetic Spheres, starting with Step #1 in the protocol. Once the points have been stimulated or all of the magnetic spheres have been applied, spritz with the Refresh Hydrating Mist followed by the Nourish Nutrient Oil. If using the Magnetic Spheres, gently pat in the oil, do not rub or the spheres will come off.

Point Stimulation Instructions:

To stimulate points with Spheres:

With your fingers, simply remove each sphere with its adhesive from the pack and place on the recommended point. Make sure to gently press the spheres until they are firmly sticking to the skin.

To stimulate points with manual pressure:

With your index finger, simply apply gentle circular pressure to each point for 30 seconds.

To remove spheres: After 4 to 8 hours, gently remove the spheres. Start with the spheres at the top of the face and work down the body, finishing with the removal of the point on the foot.

To stimulate points with a point stimulator:

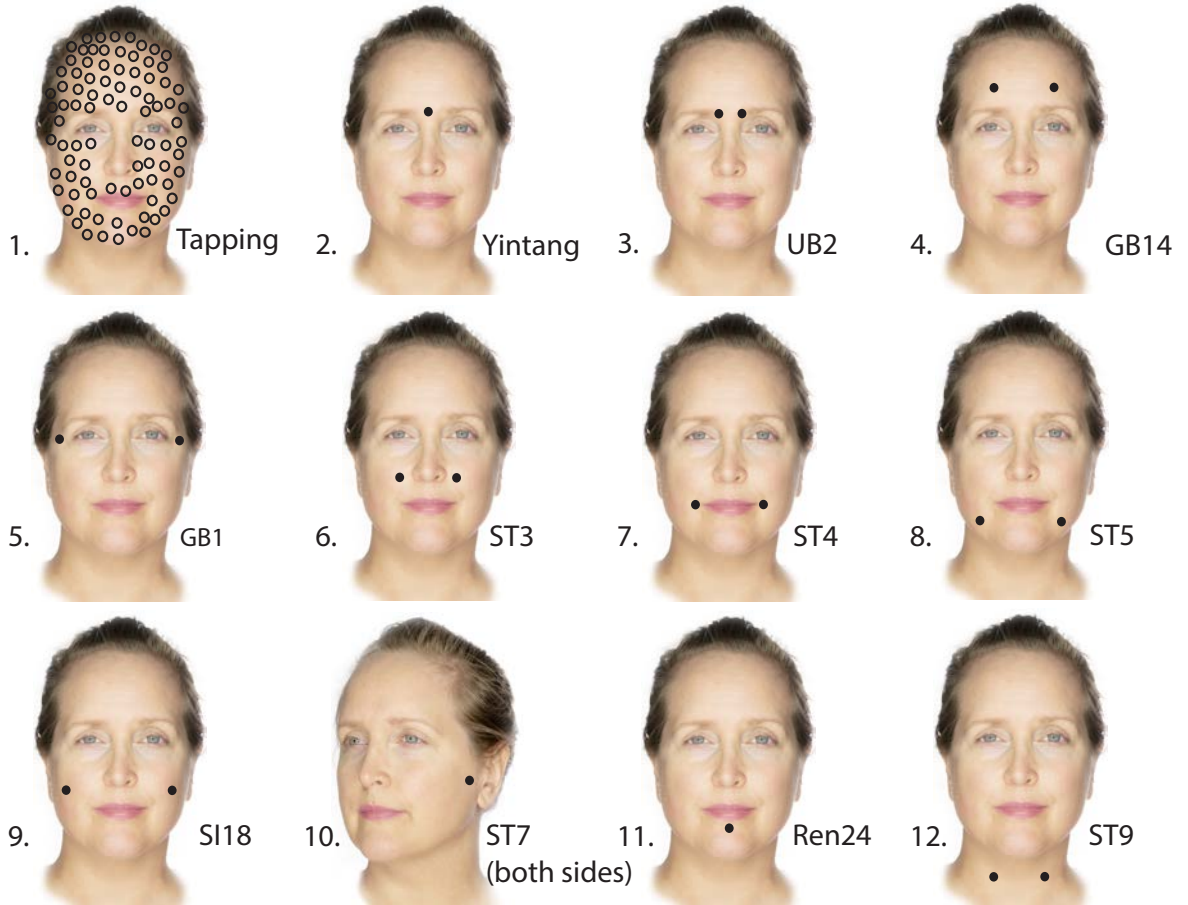
Hold the point stimulator on the point for 20 to 30 seconds. Use either the high or low setting.

Make sure to stimulate both sides of the face and body where applicable.

Do NOT use this system if you are pregnant. Please refer to the video instructions for a full list of contraindications.



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For more detailed information about this system or to order the point stimulator or Magnetic Spheres, visit us online at: www.qibotaniCS.com